

# HPS 221 : Methods of Teaching Target, Net, and Wall Games

This course provides teacher candidates with opportunities to study and apply physiological/behavior theories, motor theories, motor skills, personal motor skills and movement performance and concept knowledge of target, net, and wall games (golf, tennis, badminton, volleyball, and racquetball). Teacher candidates will investigate these sports and their relationships, as well as demonstrate personal competence in relevant motor skills, movement, and the methods and techniques needed to teach the skills. Teacher candidates will create short-term and long-term objectives, create and implement physical education content aligned with lesson plan objectives, utilize resources to create active learning activities, plan and adapt learning instruction for diverse learners and students with exceptionalities, plan and create sequential instruction for all learners, and integrate current technology into lesson plans and teaching. Teacher candidates will demonstrate competence in the following: verbal/nonverbal communication skills, demonstrations, instructional cues, constructive instructional feedback for skill acquisition, adjusting instructional activities based on student responses/dispositions, classroom management strategies for safe learning, and implementing projects that include independent learning activities, cooperative learning activities, and think-pair-share activities that promote personal accountability and social skills. In addition, teacher candidates will design and implement appropriate learning activities that include learning goals that are a) performance-based, measurable, and developmentally appropriate, and b) aligned with the Alabama Course of Study, local district standards, and national standards to address the diverse needs of all learners. Teacher candidates must demonstrate dispositions necessary to becoming an effective teacher. Dispositions/professionalism is assessed during field experience.

**Credits 2**

## **Prerequisites**

Admission to Teacher Education. Public or private school field experience is a requirement in Stillman Teacher Education Program (STEP). Membership in the Student Alabama Education Association (SAEA) is required in order to take this course.